

California Department of Aging

Disease Prevention and Health Promotion Services Program Narrative

Older Americans Act Title III D

Program / Element / Component – 30.10

Description

The Disease Prevention and Health Promotion Services Program (Title III D) provides preventive health services or health promotion programs. Title III D supports programs to assist older adults prevent illness and manage chronic physical conditions. Although illness and disability rates increase with age, research has demonstrated that health promotion and disease prevention activities can help promote healthy and independent lives for older individuals.

Services include routine health screening, nutrition counseling, nutrition education and activities that promote physical fitness, falls prevention, emotional well-being, and evidence-based health promotion programs.

Individuals participate in programs at multipurpose senior centers, congregate nutrition sites, through home-delivered meals programs, and at other locations.

Benefits

Services promote benefit healthy aging and the development/ maintenance of optimal physical, mental, and social well-being in older adults. An active healthy lifestyle is can help older adults prolong their independence and improve their quality of life. Medication Management services provide medication screening and education to individuals and/or their caregivers to prevent medication usage errors and adverse drug reactions.

Eligibility

<i>Income</i>	No requirement
<i>Age</i>	60 or older
<i>Other</i>	The Older Americans Act (OAA) emphasizes serving individuals in greatest economic or social need, individuals living in rural areas, those who reside in a medically underserved area of the region, and individuals who have chronic medical conditions that can improve with education and non-medical intervention.

Access

Information on the Title IID Program is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the California Department of Aging website at www.aging.ca.gov.

Current State Fiscal Year Funding Information (2011-12)

<i>Source</i>	OAA federal funds, local funds, in-kind contributions The 2008-09 Budget Act eliminated General Fund support for this program
<i>Allocation Formula</i>	Intrastate Funding Formula
<i>Match Requirements</i>	10 percent local funding
<i>Other Funding Information</i>	AAAs must meet funding requirements for medication management services
<i>Funding Cycle</i>	July 1 – June 30