



## About CDA



California is aging. By 2030, nearly a quarter of California's population will be over the age of 65, exceeding the 18 and under population for the first time.

The California Department of Aging (CDA) is preparing for this demographic shift by taking action to build an age and ability friendly California. It is CDA's mission to transform aging for individuals, families, and communities by leading innovative programs, planning, policies, and partnerships that increase choices, equity, and well-being for all Californians as we age.



CDA administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State. These services are provided locally by California's Area Agencies on Aging, and Medi-Cal Community Based Adult Services Program and Medi-Cal Multipurpose Senior Services Program, or other contracted agencies.

California's aging services network provides critical programs and services to older adults:

- Food & Nutrition
- Adult Day Health Care Centers
- Information & Referral
- Home & Community Services
- Family Caregiver Services
- Medicare Counseling
- Legal Services
- Senior Employment Training
- Fall Prevention
- Friendship Line California warmline



To find out more about local information and assistance for aging and disability services, call the California Aging & Adult Info Line at 800-510-2020.

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