

## Appendix 24b ■ Negotiated Risk Agreement Example Client B

See the Site Manual Chapter 3, Section 3.700, Assessing and Documenting Client Risk, for additional information.

Client's Last Name	First Name	MI	MSSP #
Jones	Mary	B	5678
<b>Client's desire/preference:</b> Client prefers a diet of high fat, high sugar, fast food, and snacks. She doesn't always have time to cook.			
<b>Current situation/cause(s) of concern:</b> Client has Insulin-Dependent Diabetes Mellitus (IDDM), which is difficult to control with current diet.			
<b>Possible/probable negative consequences:</b> The current diet can result in long-term problems with vision, kidneys, heart, and circulation.			
<b>Possible alternatives to minimize risk:</b> <ol style="list-style-type: none"> <li>1) Client can reduce trips to fast food restaurants from 5x/week to 2x/week.</li> <li>2) When eating at fast food restaurants, order grilled chicken breast or chicken salad with reduced fat dressing, or other low fat, low carbohydrate menu item.</li> <li>3) The care manager can make a referral for nutritional consultation.</li> <li>4) When cooking at home, the client can prepare additional food to freeze for future meals.</li> <li>5) Client can plan a week's worth of menus and buy groceries accordingly.</li> <li>6) Have low fat, low sugar snacks available.</li> </ol>			
<b>Final agreement, if any, reached by all parties:</b> The client agrees to try #1 and #2. The care manager will obtain information on fat and sugar content of food items at Burger King and McDonald's.			
<b>Frequency of reassessment of risk:</b> Every month.			
<b>Signatures:</b>			
Name	Relationship	Date	
	Client		
	Care Manager		