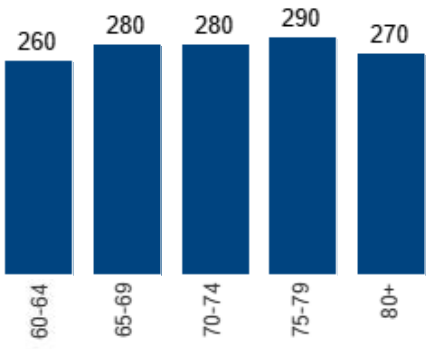
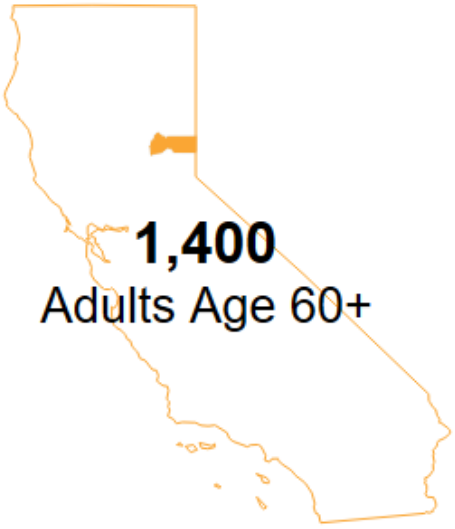
2025 Profile of Older Adults

Sierra County

Age Distribution

Adults Age 60+

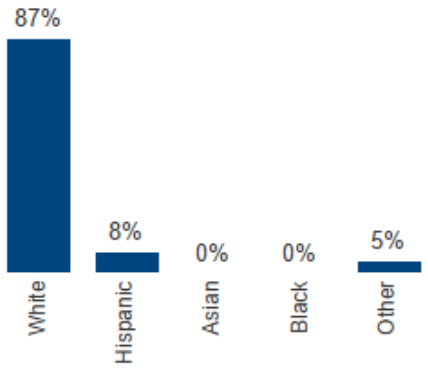




1,400
Adults Age 60+

Race/Ethnicity

Adults Age 60+



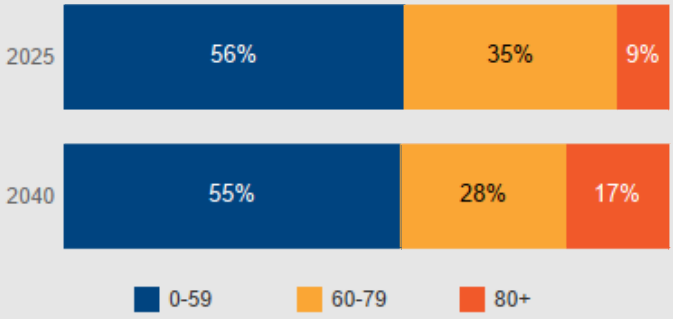
*Multiracial 4.4%

*AIAN 0.4%

*NHPI 0.1%

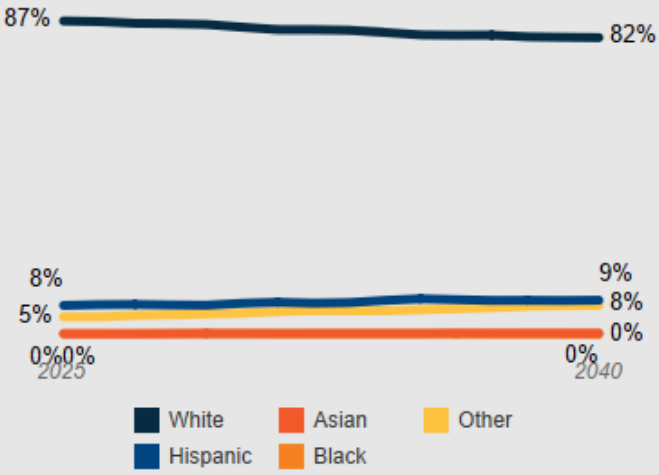
Projected Population Shifts

Population Share



Race/Ethnicity

Adults Age 60+



Social and Economic Needs

15% *of adults age 60+* — live in poverty — *Near State Average*

20% *of adults age 60+* — live alone — *Near State Average*

0% *of adults age 60+* — speak English 'not at all' — *Below State Average*

10% *of adults age 65+* — estimated to have Alzheimer's dementia — *Below State Average*

50% *of low-income households* — are housing cost burdened — *Near State Average*

California Department of AGING