



**Older Californians Nutrition Program and Intergenerational Activities
Resource Guide for Utilization of Older Adults Recovery and Resilience Funding for
Area Agencies on Aging**

November 10, 2022

Older Adults Recovery and Resilience (OARR) Funding for the Older Californians Nutrition Program (OCNP) and Intergenerational Activities is intended to support Area Agencies on Aging (AAA) and their service providers to serve more meals to more older adults and to develop partnerships and efforts, including the planning, development, and implementation of intergenerational activities that connect OCNP participants with younger generations. OARR funding can be spent on meals for older adults in addition to or in lieu of intergenerational activities.

The following resources include California Department of Aging (CDA) guidance and stories shared from the AAA network, strategies for utilization of OARR funds, and intergenerational activity planning and program implementation by aging and community organizations throughout the country. These resources are intended to provide examples for AAAs and their service providers as they develop or expand their meal service and/or intergenerational programming.

- **CDA Guidance**

- [PM 22-09 Older Adults Recovery and Resilience \(OARR\) Funding for the Older Californians Nutrition Program and Intergenerational Activities](#)
- Older Adults Recovery and Resilience (OARR) Funding for the Older Californians Nutrition Program and Intergenerational Activities, Frequently Asked Questions, Revised November 10, 2022.

- **Strategies for Utilization of OARR Funding**

- OARR funding for the delivery of OCNP meals and implementation of planned intergenerational activities should be utilized as soon as possible to ensure all funds have been expended by the potential new end date of December 31, 2023.
- If unable to expend all funds currently allocated to intergenerational activities, allocate remaining funds to provide meals to older adults.
- Serving Meals to Older Adults:
 - Increase meals served to existing ONCP participants; add breakfast, weekend or second meals in addition to delivery of their regular daily meal.
 - Contract with restaurants and food trucks for new dining venue options for participants.
- Intergenerational Activities:
 - Consider enhancing planned activities with meals, snacks, or other foods. If meals are provided with OARR funding, they would follow the same requirements as Older Americans Act (OAA) meals. Snacks would not be reported as meals but would be considered part of the intergenerational activity.

- **Intergenerational Activities Programming Resources**

- **Intergenerational Webinars:**

- **engAGED – The National Resource Center for Engaging Older Adult**

- [Programs Potpourri: Tips and Strategies to Develop Engagement Opportunities Between Generations](#)

- Summary: focused on engagement opportunities for older and younger generations; provides a frame on intergenerational programs, and tips for local organizations developing intergenerational programs.

- [Partners in Social Engagement: Collaboration with Parks and Recreation Agencies](#)

- Summary: Tips on how the parks and recreation agencies are working locally to address social isolation and how the aging network can work with those agencies to promote social engagement of older adults, caregivers, and those with disabilities.

- **Intergenerational Website Resources**

- **Sharing Our Space – <http://sharingourspace.org>**

- A toolkit for developing and enhancing intergenerational shared sites; focuses primarily on activities with older adults and younger children but practices can be applicable with other age groups as well.

- **Generations United – <https://www.gu.org/>**

- Intergenerational collaboration, public policies and programs for youth and older adults; highlights intergenerational programs and community building strategies.
 - [Intergenerational Shared Site Resource List](#)
 - [Intergenerational Program Database](#)
 - [Staying Connected While Staying Apart: Intergenerational Programs & the COVID-19 Pandemic](#)

- **Generations Working Together**

- <https://generationsworkingtogether.org/about/intergenerational-practice>

- Supporting the development and integration of intergenerational work; provides resources and toolkits for developing intergenerational activities and projects.

- **DOROT Generations Helping – <https://www.dorotusa.org/>**

- Programs and services through intergenerational connections.

- **USAgging Innovation and Achievement Awards**
 - [Award Booklet](#) includes Intergenerational Music and Memory Program.
- **Connecting Older Adults to Students through Interpersonal Telecare (COAST-IT)**
 - <https://denverregion.co.networkofcare.org/content/client/965/ConnectingOlderPeopletoStudents-OutreachProgram.pdf>
 - <https://www.uchealth.org/today/medical-students-reach-out-to-older-adults-to-break-down-covid-19-isolation/>
- **Appalachian Agency for Senior Citizens (AASC)**
 - [Art at your own PACE Program](#)
- **OARR OCNP Intergenerational Activities Success Stories and Lessons Learned from the AAA Network**
 - Coming soon!