

Education and Training Resources for CBAS Providers

This is a sample list of organizations that provide (or link to) education and training via webinars, videos, fact sheets and other materials on topics relevant to the needs/conditions of CBAS center participants. CBAS providers can search the websites of these organizations for specific topics of interest including upcoming or archived webinars. Many of these organizations have email distribution lists which will inform CBAS providers about educational/training opportunities. The CBAS Bureau will update this list periodically as new resources are identified. Please contact the CBAS Bureau if there are organizations or educational/training resources you recommend we add to this list: cbascda@aging.ca.gov.

The Association for Positive Behavior Support

The Association for Positive Behavior Support is a multidisciplinary organization made up of professionals (teachers, researchers, university professors, and administrators), family members, and consumers who are committed to the application of positive behavior support within the context of the school, family, and community including across systems (e.g., entire schools, organizations), for small groups, and for individuals with complex needs for support.

Please see the website for list of resources and tutorials.

<https://apbs.org/pbs/>

Administration for Community Living (ACL)

The Administration for Community Living was created around the fundamental principle that older adults and people of all ages with disabilities should be able to live where they choose, with the people they choose, and with the ability to participate fully in their communities.

<https://www.acl.gov/>

Program and Policy Areas

ACL advocates across the federal government for older adults, people with disabilities, and families and caregivers; funds services and supports provided primarily by states and networks of community-based programs; and invests in training, education, research, and innovation. ACL manages a variety of programs (authorized by several statutes), providing assistance on health and wellness, protecting rights and preventing abuse, supporting consumer control, strengthening the networks of community-based organizations, funding research, and much more.

<https://acl.gov/programs>

Webinars, fact sheets, issue briefs and more on range of aging and disability topics. See below.

Aging and Disability Evidence-Based Programs and Practices

<https://acl.gov/programs/strengthening-aging-and-disability-networks/aging-and-disability-evidence-based-programs>

Resource Centers

<https://acl.gov/node/495>

Health, Wellness, and Nutrition

<https://acl.gov/programs/health-wellness>

Behavioral Health: Depression, Anxiety, Suicide Prevention, Alcohol & Psychoactive Medication Misuse and more.

<https://acl.gov/programs/health-wellness/behavioral-health>

Brain Health

<https://acl.gov/node/293>

Brain Injuries (Traumatic Brain Injury)

<https://acl.gov/sites/default/files/triage/Brain-Health-Brochure-2015.pdf>

Person-Centered Planning-Administration for Community Living

<https://acl.gov/programs/consumer-control/person-centered-planning>

American Association on Intellectual and Developmental Disabilities

The American Association on Intellectual and Developmental Disabilities (AAIDD) is the oldest and largest interdisciplinary membership organization of professionals and others concerned about intellectual and developmental disabilities. Founded in 1876, AAIDD promotes progressive policies, sound research, effective practices and universal human rights for people with intellectual developmental disabilities.

<http://aidd.org/>

Education/training resources for professionals who work with individuals with intellectual and developmental disabilities. Online learning, webinars, education archive, video library and more.

<http://aidd.org/education>

<http://aidd.org/education/webinars>

Alzheimer's Association

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

<https://www.alz.org/>

Education/training resources on Alzheimer's disease and other dementias including caregiving issues.

<https://www.alz.org/help-support/resources/online-tools>

How To Respond When Dementia Causes Unpredictable Behaviors

https://www.alz.org/documents/national/brochure_behaviors.pdf

American Society on Aging (ASA)

Since 1954, ASA has developed and led the largest, most diverse community of

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professionals working in aging in America. As a result, ASA has become the go-to source to cultivate leadership, advance knowledge and strengthen the skills of members and others who work with and on behalf of older adults.

As we unite, empower and champion our community, we have the unique responsibility to be a strong voice and thought leader on critical systemic issues that influence how we age. As America struggles with how best to respond to the need for greater inclusivity, anti-ageism and equity, ASA sees its responsibility as a leader to drive the discourse and advocate for the change necessary to address these issues in aging.

<https://www.asaging.org/>

Information/webinars on range of topics including health, mental health/behavioral health, suicide, Alzheimer's/dementia, home safety topics and more. Specialty focus areas: Aging in Community, Caregiving, Creativity and Lifelong Learning, Health & Wellness, Healthcare & Aging, Legal & Ethical Issues, LGBTQ Aging, Mental Health & Aging, Multicultural Aging, Policy and Advocacy, Spirituality & Religion, Technology, Accessibility & Transportation.

<http://www.asaging.org/web-seminars>

<https://www.asaging.org/previously-recorded-web-seminars>

California Association for Adult Day Services (CAADS)

The California Association for Adult Day Services (CAADS) is a 501 (c) 6 non-profit statewide association that supports the development of adult day services as an alternative to institutional care. CAADS is a membership-based association supported primarily by dues and educational activities.

Established in 1977, CAADS is the oldest and largest state association for adult day services in the nation. Centers in membership with CAADS provide innovative day programs that support individuals with physical, mental, or developmental disabilities and older adults with Alzheimer's disease and their families.

Provides education/training to members and non-members on a range of issues relevant to adult day service providers, including conferences, webinars, articles and more.

<http://www.caads.org/>

California Department of Aging (CDA)

State department that administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

<https://www.aging.ca.gov/>

Community-Based Adult Services (CBAS)

CDA provides oversight and training to Adult Day Health Care (ADHC)/Community-Based Adult Services (CBAS) providers certified to participate in the Medi-Cal program.

<https://www.aging.ca.gov/ProgramsProviders/ADHC-CBAS/>

CBAS Training

https://www.aging.ca.gov/Providers_and_Partners/Community-

[Based_Adult_Services/Training/](#)

CBAS Center Assessment Tools (CAT)

https://www.aging.ca.gov/Providers_and_Partners/Community-Based_Adult_Services/Toolkit/

Center for Health Care Strategies, Inc (CHCS)

The Center for Health Care Strategies (CHCS) is a policy design and implementation partner devoted to improving outcomes for people enrolled in Medicaid. We connect people and ideas to spark insights, build expertise, strengthen leadership, and spread innovations. Across sectors and disciplines, we support our partners to make more effective, efficient, and equitable care possible.

CHCS works to improve health outcomes for the millions of people in the U.S. who face serious barriers to well-being, like poverty, complex health and social needs, and systemic racism. For more than 25 years, we have collaborated with Medicaid and related health and human services agencies in states across the country to shape how health care services are designed, financed, and delivered.

<https://www.chcs.org/about-us/>

Webinars, videos, publications, fact sheets, issue briefs and more to improve health of low-income Americans. Includes webinars on medication complexity, social determinants of health and more.

Resources

<https://www.chcs.org/resources/>

Social Determinants of Health

<https://www.chcs.org/topics/social-determinants-of-health/>

Trauma-Informed Care Implementation Resource Center

<https://www.chcs.org/resource/trauma-informed-care-implementation-resource-center/>

https://www.traumainformedcare.chcs.org/trauma-informed-champions-from-treaters-to-healers/?utm_source=CHCS+Email+Updates&utm_campaign=e3c23e5cf3-ATC+Animated+Video+01%2F23%2F2019&utm_medium=email&utm_term=0_b bced451bf-e3c23e5cf3-152133989

Centers for Disease Control and Prevention (CDC)

CDC is the nation's leading science-based, data-driven, service organization that protects the public's health. For more than 70 years, we've put science into action to help children stay healthy so they can grow and learn; to help families, businesses, and communities fight disease and stay strong; and to protect the public's health.

<https://www.cdc.gov/>

Provides articles, fact sheets, videos and podcasts for professionals and consumers on a range of diseases and conditions (A-Z) and topics including Alzheimer's disease and related dementias, arthritis, body mass index, diabetes prevention, heart disease,

infectious diseases, obesity, sleep and sleep disorders, stroke prevention, vaccines and immunizations and more.

<https://www.cdc.gov/health-topics.html#cdc-atozlist>

Centers for Medicaid & Medicare Services (CMS)

Home and community-based services (HCBS) provide opportunities for Medicaid beneficiaries to receive services in their own home or community rather than institutions or other isolated settings. These programs serve a variety of targeted populations groups, such as people with intellectual or developmental disabilities, physical disabilities, and/or mental illnesses.

<https://www.medicaid.gov/medicaid/hcbs/index.html>

Information, guidance and training on the federal Home and Community-Based (HCB) Services (HCBS) Regulations including the HCB Settings and Person-Centered Planning requirements.

Home and Community-Based Services (HCBS) Training Series

<https://www.medicaid.gov/medicaid/hcbs/training/index.html>

Family Caregiver Alliance (FCA)

For more than 40 years, FCA has provided services to family caregivers of adults with physical and cognitive impairments, such as Parkinson's, stroke, Alzheimer's and other types of dementia. Our services include assessment, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation vouchers. Ongoing support is available with FCA CareNav™, also now on a digital service platform. FCA is a longtime advocate for caregivers in the areas of policy, health and social system development, research, and public awareness, on the state, national and international levels.

<https://www.caregiver.org/about-fca>

Fact Sheets, webinars and videos training for professionals and family caregivers caring for someone with a chronic or disabling health condition.

Webinars for Caregivers and Professionals

<https://www.caregiver.org/fca-webinars>

Videos

<https://www.caregiver.org/fca-videos>

HealthinAging.org (Associated with the American Geriatrics Society's Health in Aging Foundation)

HealthinAging.org is a trusted source for up-to-date information and advice on health and aging, created by the American Geriatrics Society's Health in Aging Foundation.

<https://www.healthinaging.org/about/>

Justice in Aging

Justice in Aging is a national organization that uses the power of law to fight senior poverty by securing access to affordable health care, economic security, and the courts

for older adults with limited resources. Since 1972, we've focused our efforts primarily on those who have been marginalized and excluded from justice such as women, people of color, LGBTQ individuals, and people with limited English proficiency.

<http://www.justiceinaging.org/>

Training via webinars, fact sheets and more on variety of topics including access to quality health care, economic security for low-income older adults, legal rights and more. Subscribe to receive updates on webinars, issue briefs and legal/policy developments that impact older adults.

<https://justiceinaging.org/california-resources-and-trainings/>

Person-Centered Care Planning in the States

<http://www.justiceinaging.org/our-work/healthcare/person-centered-care/>

LeadingAge

LeadingAge is a community of nonprofit aging services providers and other mission-driven organizations serving older adults.

<https://www.leadingage.org>

Education/training including webinars on aging-related topics such as trauma informed care and more.

<https://learninghub.leadingage.org/catalog>

Motivational Interviewing Network of Trainers (MINT)

The mission of MINT is to promote good practice in the use, research and training of motivational interviewing. MINT supports the continuing learning and skillfulness of its members through meetings, open sharing of resources, communication, publications, and shared practice opportunities. Rather than seeking to limit or control the practice and training of motivational interviewing, MINT promotes quality applications of motivational interviewing across cultures, languages, and contexts.

<https://motivationalinterviewing.org/>

Provides information and extensive resources on motivational interviewing including links to articles, YouTube videos, DVDs and more.

<https://motivationalinterviewing.org/motivational-interviewing-training>

National Adult Day Services Association (NADSA)

The National Adult Day Services Association (NADSA) is the leading voice of the rapidly growing Adult Day Services (ADS) industry and the national focal point for ADS providers. Our members include Adult Day Services center providers, associations of providers, corporations, educators, students, retired workers and others interested in working to build better lives for adults in Adult Day Services programs every day. We are positively impacting the lives of participants, families, communities and our nation.

NADSA is a professional membership association that has succeeded in establishing an influential presence for adult day services at national policy and legislative tables.

Provides public policy information and resources including webinars relevant to adult day services.

<https://www.nadsa.org/>

Advancing States

ADvancing States supports visionary leadership, the advancement of systems innovation and the articulation of national policies that support long-term services and supports for older adults and people with disabilities.

<http://www.advancingstates.org/about-advancing-states>

Provides a weekly electronic newsletter with updates on federal-level news on aging and disability policy. Includes information on training opportunities relevant to providing services to older adults and persons with disabilities.

<http://www.advancingstates.org/publications-webinars/friday-update>

Home and Community-Based Services (HCBS) Clearinghouse

<http://www.advancingstates.org/about-advancing-states>

National Association of State Head Injury Administrators (NASHIA)

Serving as the leading source of information and education for state employees who support public brain injury programs, NASHIA provides information on national trends, best practices, and state contacts to federal agencies, state and national associations and TBI partners across the country. NASHIA provides technical assistance to state governments and their partners as well as collective representation on federal policy issues through its membership.

Webinars and training on issues relevant to persons with a brain injury such as “Falls and Brain Injuries Among Older Adults.” (Webinars are archived)

<http://www.nashia.org/>

National Center on Law & Elder Rights

The National Center on Law and Elder Rights (NCLER) provides the legal services and aging and disability communities with the tools and resources they need to serve older adults with the greatest economic and social needs. A centralized, one-stop shop for legal assistance, NCLER provides Legal Training, Case Consultations, and Technical Assistance on Legal Systems Development. Justice in Aging administers NCLER through a contract with the Administration for Community Living’s Administration on Aging

<http://ncler.acl.gov>

National Center on Advancing Person-Centered Practices and Systems (NCAPPS)

The National Center on Advancing Person-Centered Practices and Systems (NCAPPS) is an initiative from the Administration for Community Living and the Centers for Medicare & Medicaid Services that helps States, Tribes, and Territories implement person-centered thinking, planning, and practice in line with U.S. Department of Health and Human Services policy.

<https://ncapps.acl.gov/about-ncapps.html>

Educational webinars, best practices, national clearinghouse of resources about person-centered planning, principles and practice.

<https://ncapps.acl.gov/webinars.html>

National Council on Aging (NCOA)

Delivering the resources, tools, best practices, and advocacy our nation needs to ensure that every person can age with health and financial security. Because aging well for all is a matter of equity. A matter of dignity. And a matter of justice.

Written materials and webinar training on range of issues impacting seniors such as falls prevention, home safety, chronic disease management, senior hunger and nutrition, and more.

<https://www.ncoa.org/about-ncoa/>

National Institute of Aging (NIA)

NIA leads a broad scientific effort to understand the nature of aging and to extend the healthy, active years of life. NIA is the primary federal agency supporting and conducting Alzheimer's disease research.

Print materials on range of health topics affecting older adults such as Alzheimer's disease and related dementias, cognitive health, depression, diabetes, down syndrome, elder abuse, flu, end of life, grief, advanced care planning, high blood pressure, incontinence and much more.

<https://www.nia.nih.gov/>

National Institute of Health (NIH)

The National Institutes of Health (NIH), a part of the U.S. Department of Health and Human Services, is the nation's medical research agency — making important discoveries that improve health and save lives.

Print materials including materials for low-literacy audiences on a range of health and mental health topics (A-Z).

<https://www.nih.gov/>

National Institute of Mental Health (NIMH)

The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. NIMH is one of the 27 Institutes and Centers that make up the National Institutes of Health (NIH), the largest biomedical research agency in the world. NIH is part of the U.S. Department of Health and Human Services (HHS).

Brochures and fact sheets for professionals and consumers on mental health disorders such as anxiety disorders, bipolar disorder, depression, obsessive-compulsive disorders, post-traumatic stress disorder, schizophrenia, suicide prevention and more, and where to find treatment. Distributes an electronic newsletter.

<https://www.nimh.nih.gov/index.shtml>

Physician Orders for Life Sustaining Treatment - California

Physician Orders for Life-Sustaining Treatment (POLST) is a form that gives seriously-ill patients more control over their end-of-life care, including medical treatment, extraordinary measures (such as a ventilator or feeding tube) and CPR. Printed on bright pink paper, and signed by both a patient and physician, nurse practitioner or physician assistant, POLST can prevent unwanted or ineffective treatments, reduce patient and family suffering, and ensure that a patient's wishes are honored.

<https://polst.org/about/>

Advance care planning documents such as POLST forms and advance directives such as living wills and health care power of attorney and more.

<https://polst.org/about/polst-and-advance-directives/>

Relias

Relias is a leading provider of workforce education and enablement solutions, empowering healthcare organizations and their staff with integrated tools and best-in-class learning content.

Education/training, webinars, videos and resource library on health, mental health, addiction & substance misuse, suicide prevention, intellectual & developmental disabilities, trauma informed care and more.

<https://www.relias.com/resource>

Resources for Integrated Care

Resources for Integrated Care (RIC) partners with health plans, providers, and subject matter experts to identify promising practices and develop actionable technical assistance (TA) resources and trainings. These resources are intended to build capacity to address the needs of beneficiaries dually eligible for Medicare and Medicaid and deliver more integrated and coordinated care.

Extensive education/training resources including free webinars and technical assistance information (organized by topic areas) to assist providers and health plans to implement best practices. Webinars are approved for continuing education credits. A Resource Library is available which you can search by category, stakeholders, target population and concepts.

<https://www.resourcesforintegratedcare.com/about>

Member Engagement (Resources for Health Plans)

<https://www.resourcesforintegratedcare.com/concepts/member-engagement>

Resource Library

<https://www.resourcesforintegratedcare.com/resource-library>

Substance Abuse and Mental Health Services Administration (SAMHSA)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the
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agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation.

Information/publications for various population groups about specific behavioral health/mental health issues, conditions and disorders such as schizophrenia, psychosis, bipolar disorder, anxiety disorders, alcohol dependence, co-occurring disorders, trauma, depression, suicide, opioid withdrawal and more including screening tools. Also provides information about treatment, prevention and recovery.

<https://www.samhsa.gov/>

The Hartford Institute for Geriatric Nursing (HIGN)

HIGN is the geriatric arm of the NYU Rory Meyers College of Nursing, and has become, over the years, a beacon for all those who wish to advance geriatric care through nursing leadership and interprofessional team care.

<https://consultgeri.org/>

Print materials, webinars, videos and e-learning on range of “geriatric topics” and “patient symptoms.” Although training was developed for “geriatric nursing” the education/training is relevant for all professionals working with older adults. Website provides links to other organizations that have useful resources and tools for healthcare professionals, families, patients and caregivers.

<https://consultgeri.org/education-training/e-learning-resources>

University of Southern California – Training Resources

A searchable database of elder abuse related training materials designed for professionals, caregivers and the community.

<https://trea.usc.edu/>